



Special Events

ART SHOW

Sunday, May 3, 2009 at 11:30

View artwork and projects created during the Art & Spirit Series.



Lowell Philharmonic Orchestra

presents its

2008–2009 Series of Free Concerts
at the Pawtucket Congregational Church

Friday, November 14, 2008–8:00 pm

“Celebrate Lowell!”

This concert, supported by a grant from the Mogan Cultural Center celebrates Lowell’s history, culture, and ethnic diversity.

Sunday, March 1, 2009 – 3:00 pm

Friday March 6, 2009 – 8:00 pm

“Spotlight on Youth”

At this concert, local string students play with the orchestra and a talented young pianist performs Rachmaninoff.

Friday, May 8, 2009 – 8:00 pm

“Pops Concert”

This exciting program features a solo by the winner(s) of our 2009 Youth Concerto Competition, plus many light classical and popular favorites.

Concert schedule and programs are subject to change.

Please visit

www.lowellphilharmonic.org
for concert details.

All programs are free and everyone is welcome!

Pawtucket Living Arts Center
Pawtucket Congregational Church
15 Mammoth Road
Lowell, Massachusetts 01854

Pawtucket
Living
Arts
Center

2008-2009

**Awaken your vision,
nurture your body,
enliven your spirit.**

**Pawtucket Congregational Church
15 Mammoth Road
Lowell, MA
01854
978 452-2144**

pawtucketchurch@mindspring.com
www.pawtucketcongregationalchurch.org

Art & Spirit Series

ART & SPIRIT: HEALING AND WHOLENESS

Sunday, October 19, 2008 at 11:45 AM

Come join us for an inspirational collage workshop featuring poetry, prayer, meditation and art designed to "awaken the artist within."

Instructor: Nancy Varnum, Artist

CALLIGRAPHY

Sunday, November 16, 2008 at 11:45 AM

The pleasures of Calligraphy are accessible to anyone with pen, paper, a tolerance for practice and an appetite for seeing. With a little experience, you will begin to see beautiful lettering everywhere.

Instructor: Carol Boileau, Artist-in-Residence
Brush Art Gallery

WINTER SOLSTICE SERVICE

Saturday, December 20 at 7:00 PM

Come together on the longest night of the year to sing, to heal and to hear beautiful music. We will meet by candlelight in the Victorian Parlor to reflect on the past year and our hopes for the new year.

Featured Musician: Lorrie Guthrie, Vocalist and Guitarist

PHYSICAL & SPIRITUAL NOURISHMENT IN BIBLICAL TIMES

Sunday, January 25 at 11:45 AM

Diet was considered to be an integral part of one's overall spiritual life in biblical times. Some texts from biblical times, such as the Essene Gospel of Peace and Ezekiel 4:9, describe the foods that were recommended to spiritual followers. Join us for a lively discussion of some of these texts and how we might tailor our meals to feed our spirits as well as our bodies.

Instructor: Pamela Seyler, Doctorate in Natural Health, Clayton College of Natural Health; Doctor of Ministry, Claremont School of Theology

LETTING YOUR SPIRIT SOAR!

Sunday, February 22, 2009 at 11:45 AM

Dare to be yourself in a society that demands conformity. Learn how following your heart leads you to your God-given gifts, allowing your inner light to shine.

Instructor: Paula Richards, Founder of Spirit Rising

CHANTING FROM AN INTERFAITH PERSPECTIVE

Wednesday, March 11 at 7:00 PM

Experience different moods of chant from a variety of traditions. Learn how chant calms the mind and soothes the soul.

Instructor: Dr. Stephen Fisher, Licensed Psychologist,
Healing Springs Counseling Center

TALES FROM THE TREE OF LIFE

Sunday, March 15, 2009 at 11:45 AM

Tales from the Tree of Life: customs, traditions, lore and songs of Ireland honoring St. Patrick.

Instructor: Magdalen Cantwell, Native Irish Storyteller/Teacher



COFFEE HOUSE

Saturday, March 28 at 7:00 PM

A fundraiser for the Art & Spirit series featuring great music and refreshments.

Donation: \$10

Featuring Lorrie Guthrie, Vocalist and Guitarist

POETRY, HATS AND TEA: CELEBRATE NATIONAL POETRY MONTH

Sunday, April 19, 2009 at 11:45 AM

Bring a poem to share, wear your favorite hat and step back in time.

Presenters: Nancy Varnum, Artist and Judith Thurlow, Pastor

PAPER PRAYERS

Sunday, May 3, 2009 at 11:45 AM

Learn the Japanese tradition of decorating strips of paper as prayers. Bring your favorite prayers, scripture, drawings, photographs. Donations from the sale of Paper Prayers will benefit Boston Pediatric Aids.

Instructor: Nancy Varnum, Artist

SACRED CIRCLE DANCING

Wednesday, May 13, 2009 at 7:00 PM

Experience meditative, contemplative, restorative dance as you feel the Spirit moving in your body. The room is bathed in candlelight and soft, lilting music as we learn simple, symbolic, rhythmic arm, hand and body movements.

Instructor: Dr. Stephen Fisher, Licensed Psychologist, Healing Springs Counseling Center